



IAU COMPETITION RULES FIELD CROSSBOW 2005

Revised 1st January 1997

Art. 322 SHOOTING POSITION

- 322.1 **Stance:** An arbalist shall shoot from the **STANDING POSITION** and without support with one foot on each side of the shooting line. The position of the feet may be marked on the ground only by means of one (1) marker for each foot. These markers shall not be more than 20 mm in diameter and shall not protrude more than 5 mm above the ground.
- 322.1.1 **Arbalist with Disabilities :** In the case of an arbalist who through permanent disability must use a wheelchair, the wheelchair shall be centred over the shooting line. The crossbow must be held with the arms only, without support, in accordance with Art. 322.2. The elbow of the supporting arm is not to make contact with the lap, wheelchair or gain support other than from the rib cage or abdomen. The backrest of the wheelchair shall not be higher than 10 cm below the arbalist armpits in the shooting position. Arbalist with a foot or feet must place them on the footrests of the wheelchair when shooting.
- 322.2 No part of the body, clothing or crossbow shall make contact with any other object. No part of the crossbow nor attachment shall touch the ground (nor floor) when being shot.
- 322.2.1 **Butthooks** (Art. 326.2.3) may **NOT** be placed between the body and the shooting clothing, nor may the butthook lay on top of the shoulder.
- 322.3 **Spanning and Loading Position :** The arbalist may adjust his foot position in relation to the shooting line in order to Span his crossbow.



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The act of placing (nocking) a bolt must be performed with the crossbow directed at the ground (or floor) immediately in front of the shooting line in the direction of the arbalist's allocated target butt.

- 322.3.1 **Elevated Crossbows :** Placing a bolt in an elevated crossbow is **NOT PERMITTED**.

Arbalist who fail to observe this **SAFETY RULE** may be **DISQUALIFIED**.

The arbalist concerned shall be cautioned by an **IJ**.
An arbalist repeating this offence shall be **DISQUALIFIED** from the Competition (Art. 335.2).